



**MAY 2013** 

Called to Serve

**COUNTY OF LOS ANGELES** 

# **Honoring Our Armed Forces**

Armed Forces Day, celebrated annually on the third Saturday in May, honors the brave and dedicated men and women of the United States military—the Army, Navy, Air Force, Marine Corps, Coast Guard, National Guard, and Reserves.

Armed Forces Day provides an opportunity to recognize members of the military for their love of country, their dauntless courage and dedication in performance of their duties, and their unparalleled service in defense of our nation.

Traditionally, each branch of the U.S. military sponsored its own specific service day observance. In August 1949, the military services united in purpose and commitment under a single Department of Government, the Department of Defense. Armed Forces Day replaced individual military service branch observances.

Celebrated on Saturday, May 20, 1950, with parades, receptions, open houses, and air shows, the first Armed Forces Day was an educational program for civilians. The activities were designed to expand public understanding of what types of jobs were performed and the role of the military in civilian life. The celebration provided an opportunity for the military to show state-of-the-art equipment to the civilian population they were protecting and for civilians to honor and acknowledge the members of the Armed Forces of the United States.

Chief among the Department of Military & Veterans Affairs' annual activities to commemorate Armed Forces Day are a Los Angeles County Board of Supervisors Proclamation presentation and participation in Supervisor Michael D. Antonovich's Annual Veterans Event.



COUNTY OF LOS ANGELES



Accepting the Proclamation from Supervisor Michael D. Antonovich are Ruth Wong, Acting Director, Department of Military & Veterans Affairs, and Carvel Gay, Vice Chairman, Veterans Advisory Commission.

This year, the Proclamation declaring Saturday, May 18, 2013, as Armed Forces Day throughout Los Angeles County was accepted by Commissioner Carvel Gay, Vice Chairman, County of Los Angeles Veterans Advisory Commission.

ARMED FORCES DAY continued on page 3

Calendar of Events	2
VIP/Veteran Intern Hired	3
Celebrating Memorial Day	5
Better Hearing and Speech Month	

### **HIGHLIGHTS**

				_
Vol	lume	45	Issue	-5

For Your Health/CalFresh	9
Beach Shuttle	11
Retirees	12
Rideshare/PayStub Viewer	13

### **CALENDAR OF EVENTS**

#### Natural History Museum

(213) 763-DINO www.nhm.org

Ongoing - Butterfly Brooch Collection

#### Los Angeles County Museum of Art

(323) 857-6010

www.lacma.org

Through June 30 – Stanley Kubrick

Through August 4 – Ends and Exits: Contemporary Art from the Collections of LACMA and The Broad Art Foundation Through September 8 – Matisse: La Gerbe

Center Theatre Group

(213) 628-2772

www.centertheatregroup.org

#### Kirk Douglas Theatre

Through June 2 – The Royale June 11 through June 16 – Neva

#### Ahmanson Theatre

May 21 through June 30 – The Scottsboro Boys

#### Mark Taper Forum

Through June 9 – Joe Turner's Come and Gone July 10 through August 18 – A Parallelogram

#### **Dorothy Chandler Pavilion**

May 18 through June 8 – Tosca

June 7 – An Evening of Zarzuela and Latin American Music

June 12 – My Fair Lady

June 21 through June 23 – Hubbard + Lines

#### Walt Disney Concert Hall

October 10 – 10th Anniversary Celebration: Beethoven with Dudamel and Andsnes

November 5 – Rita Wilson and Friends

November 12 – 10th Anniversary Celebration: Mariza

November 22 – Dee Dee Bridgewater and Ramsey Lewis:

The Soul of Jazz

#### Hollywood Bowl

(323) 850-2000

www.HollywoodBowl.com

June 22 – Opening Night at the Bowl

June 23 – She & Him/Emmylou Harris & Rodney Crowell

June 30 – Reggae Night XII



Visit <a href="http://hr.lacounty.gov">http://hr.lacounty.gov</a> for information on employment opportunities with the County of Los Angeles



#### Members of the Board

#### **Mark Ridley-Thomas**

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Gloria Molina

First District

Zev Yaroslavsky

**Third District** 

Don Knabe

Fourth District

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Check out the DIGEST at

http://dhrdcap.co.la.ca.us/jic/digest/



#### **ARMED FORCES DAY**

continued from page 1

"On behalf of all the Armed Forces and the Veterans Advisory Commission, I thank you [Board of Supervisors] for your support and recognition of our service men and women in uniform who defend our country," said Commissioner Gay.

The Department of Military & Vetarans Affairs also takes part in the *Remembering Our Veterans & Their Families*, *Past, Present and Future* event sponsored by Supervisor Antonovich. The event, held at Arcadia County Park on the fourth Saturday in May, provides an opportunity for veterans and their families to receive services, to socialize, to remember those who died, to remember those whose fate is still unknown, and to honor those in uniform today.



## **Veterans' Internship Program**

The Veterans' Internship Program (VIP) was launched on May 16, 2007 on a motion submitted by Supervisors Don Knabe and Michael D. Antonovich and approved unanimously by all Board members. The program is administered by the County of Los Angeles Department of Human Resources and provides paid internships for qualified veterans of the Armed Forces of the United States. The internships are designed to afford veterans with on-the-job training and work experience with the County of Los Angeles that will enable them to effectively compete for permanent County jobs. The internships are in six areas: Administrative Support; Crafts Support; Heavy Maintenance and Operational Support; Information Technology Support; Office and Clerical Support; and Technical Support.

For more information, please contact Ann Gomez, program coordinator, at (213) 893-7810 or <a href="mailto:agomez@hr.lacounty.gov">agomez@hr.lacounty.gov</a>.

### **SAVE THE DATE**

The 21<sup>st</sup> Annual Family Music Festival, featuring Chubby Checker and the Wildcats, Ben E. King, and Jay and the Americans, is on Sunday, June 23, 2013, at the beautiful Los Angeles County Arboretum and Botanic Gardens. The event is presented by Supervisor Michael D. Antonovich, the Department of Parks and Recreation, and the Arboretum Foundation. Tickets on sale soon! For more information, visit parks.lacounty.gov, arboretum.org, and antonovich.com or follow us on Twitter at http:twitter.com/lacountyparks.

# Dateline: Veteran Intern Hired

Richard Hipolito is a model County employee working in the Marriage Division with the Department of Registrar-Recorder/County Clerk (RRCC). It is his experiences prior to County service that distinguishes him from the typical County employee. He was a Veteran Intern before receiving his permanent position at RRCC.



Hipolito served in the U.S. Navy for four years where he led a team of eight on the aircraft carrier U.S. Kitty Hawk CV-63. His fleet was the first to respond during the attack on the World Trade Center. The fleet later served throughout the war against terrorism and Operation Iraqi Freedom.

Once his time with the Navy ended, Hipolito experienced a period of adjusting to civilian life. Translating his military skills to civilian or professional terms was not always easy. While adjusting to civilian life, he "had the hurdle of attending college and working two part-time jobs, all at the same time. It was a different world." After graduating, Hipolito found himself in the midst of an economic recession with limited job opportunities. "I never figured I would be unemployed and settling for a few part-time jobs here and there," he said.

Then Hipolito heard about the Veterans' Internship Program (VIP) with Los Angeles County. He was hired as a Veteran Intern, Office and Clerical Support. He said that his average day at work is "unpredictable," but it's the "type of challenge we all greatly appreciate when we overcome it, and we do every day." He utilizes his experience in the military to make him a better employee.

"One of the virtues I have taken from the military was that your work, ethics, and decisions are a reflection of who you are. I strive to learn, excel, and better myself in every opportunity I can. My time in the military gave me discipline, confidence, and prepared me to adapt and thrive as a team player and someday, a leader."

As more U.S. veterans return from overseas each day, Hipolito hopes to encourage more departments to hire Veteran Interns.

"These veterans, like me, are patiently waiting for an opportunity to express our gratitude through hard, honest work, and contribute towards the success of our employers."

Every 5 days, a baby in L.A. County suffocates while sleeping.



# Is your baby sleeping safely?



- Share a room, not a bed
- Lay baby down to sleep in a crib or bassinet
- Place babies on their back every time— at night and for naps
- Give babies space to breathe no pillows, bumpers, blankets or toys



SafeSleepForBaby.com info@safesleepforbaby.com







### **Celebrating Memorial Day**

Memorial Day can often be overlooked as just a three day weekend. This year, why not look for a way for you and your family to truly honor those who have given their lives in service. Below are five ways for you and your family to give back to your community and the men and women in uniform.

#### 1) Visit a Military Museum

Los Angeles has several military and veterans museums to visit. One of these is The Fort MacArthur Museum, dedicated to the history of the U.S. Army post that kept Los Angeles Harbor safe from 1914 to 1974. The Museum has a variety of exhibits and displays for the entire family to enjoy. Visit their website at <a href="www.ftmac.org">www.ftmac.org</a> for more information, or look into the many other museums Los Angeles has to offer.

#### 2) Attend a Parade

Kick off the unofficial beginning of summer by attending the annual Memorial Day Parade in Canoga Park. At the end of the parade route, there is normally a special community event, like a local car show, complete with food and entertainment. The Memorial Day Parade in Canoga Park 2013 also includes a 5K Run/Walk. For more information, please visit the event site at <a href="https://www.canogaparkmemorialdayparade.com">www.canogaparkmemorialdayparade.com</a>.

#### 3) Attend the Annual Memorial Day Flag Placement

Join the Boy and Girl Scouts as they put flags on the graves of our veterans. Opening ceremonies begin at 8 a.m. on Saturday, May 25, 2013, at the Los Angeles National Cemetery. If you know a Boy or Girl Scout who would like to participate in the ceremony, make sure to register at www.bsa-la.doubleknot.com/event/1311458.

#### 4) Volunteer

There are countless ways to volunteer your time and money this Memorial Day weekend or for the rest of the year! There are opportunities throughout the County for different age groups, interests, and experience levels. The Disabled American Veterans (DAV) is always in need of hospital volunteers for a variety of duties ranging from recreational activities with patients to clerical work. For more information, visit <a href="https://www.dav.org/volunteers/HospitalServices.aspx">www.dav.org/volunteers/HospitalServices.aspx</a>.

#### 5) Look Into the Veterans Internship Program

The Department of Human Resources has its own Veterans Internship Program. The program strives to provide well paying work experience to veterans of the Armed Forces. Celebrate this Memorial Day by telling the veterans in your life about this wonderful opportunity.

# Supervisor Gloria Molina and Staff Volunteer at Bell Homeless Shelter for Cesar Chavez Day

In honor of L.A. County's 12th Annual Cesar Chavez Community Service Week, Supervisor Gloria Molina and her staff prepared a tasty meal of tamales, rice, and beans for the homeless. Donors to the event included Pepsico, West Coast Citrus, El Super, La Amapola, the Central Basin Municipal Water District, and El Gallo Bakery.

This year's theme was "Service to Others" as Chavez dedicated his life to serving others and the anniversary of his birth was March 31, when he would have reached the age of 86.

The week's activities included County employee volunteer service or project opportunities in the community; cultural events free to the public; arts and literacy programs for youth in the County's parks, libraries, and probation camps; and a food drive.



Instead of a standard holiday during Cesar Chavez Week, County employees had the opportunity to volunteer for needed services or specific projects in the community. Volunteer sites included access centers serving the homeless; County fund distribution agencies such as the Asian Pacific Community Fund, Brotherhood Crusade, Earthshare California, United Latino Fund, or United Way; the Weingart Center's residential site; or the Bell Shelter. Local food banks distributed food and/or hosted soup lines at sites such as the L.A. Mission and the Los Angeles Regional Food Bank. Beautification and clean-up projects took place at local parks, and employees assisted numerous non-profit agencies throughout the County.





# Public Library Celebrates 100<sup>th</sup> Centennial Anniversary

How does one of the largest library systems in North America celebrate their 100 year Centennial Anniversary and National Library Week? With one of the biggest (literally and figuratively) authors and speakers in Southern California.

This 7-foot, 2-inch basketball legend center for the Los Angeles Lakers and author of best selling books, Kareem Abdul-Jabbar, delighted a packed audience as the guest speaker for the County of Los Angeles Public Library's Annual Library Breakfast.

Abdul-Jabbar captured the NBA's MVP six times, was a 19-time All-Star and is known for his iconic shot – the skyhook. He is the NBA's all-time leader in points scored, a record that still stands after being retired for nearly 25 years.



What many people do not know is that, with a lifelong passion for history, Abdul-Jabbar has authored seven best-selling books on various historical subjects. In perhaps his best known work, *On the Shoulders of Giants*, he invites us on an extraordinarily personal journey back to his birthplace, through one of the greatest political, cultural, literary, and artistic movements in our history. It is a revealing look at the tremendous impact the Harlem Renaissance had on both American culture and his own life.

His most recent children's book, *What Color Is My World*, looks at the lives of little-known African-American inventors. Abdul-Jabbar has always been a supporter of libraries and their positive effect on children. "...[L]ibraries are an inexhaustible fountain of knowledge. They provide today's students with the skills they need to achieve great things in their lives... librarians help children develop a love of reading and teach them to become critical thinkers. In other words, they are essential to building a child's greatest asset – their mind."

Abdul-Jabbar spoke about his personal and business life, as well as his time in the NBA. He then answered questions from the excited and curious audience and proceeded to sign copies of his books and DVD. He was even so gracious as to donate all of his proceeds for this event to a non-profit fund supporting libraries and librarianship.

We would like to thank Abdul-Jabbar, his manager, the staff, and all those who so eagerly attended, making this breakfast a truly memorable 100<sup>th</sup> year anniversary celebration!

# Celebrate Better Hearing and Speech Month

Since 1927, the American Speech-Language-Hearing Association has celebrated Better Hearing and Speech Month each May to raise public awareness.



Speech, language, voice, cognitive, and swallowing disorders affect 14 million Americans. These disorders can take many forms and can limit academic achievement, social adjustment, career advancements, and quality of life. An individual may be born with speech or language disorders, or it may be caused by accidental injury or illness.

This month of awareness is also a good time to analyze your own hearing and determine if you are one of the estimated 28 million Americans who has a hearing loss that can be treated. You may have a hearing loss if you:

- Frequently ask people to repeat themselves
- ♦ Often turn your ear toward a sound to hear it better
- ♦ Understand people better when you look directly at their faces
- ♦ Have difficulty following conversations in group situations
- ♦ Keep the volume on your radio or TV at a level that others say is too loud
- ♦ Have pain or ringing in your ears

People who see themselves in these statements should see an audiologist for a hearing test.

Speech-language pathologists and audiologists are the professionals who treat all types of speech, language, swallowing, and hearing disorders. Speech-language pathologists hold at least a master's degree, while audiologists' minimal education is a clinical doctorate. Both are certified by the American Speech-Language-Hearing Association, and are also licensed by the state of California. Speech-language pathologists and audiologists work in schools, private practices, hospitals, clinics, and other health and educational settings.

The American Speech-Language-Hearing Association (ASHA) is the national professional, scientific, and credentialing association for more than 145,000 audiologists, speech-language pathologists, and speech, language, and hearing scientists.

Happy Better Hearing and Speech Month!





### MICHAEL D. ANTONOVICH

LOS ANGELES COUNTY SUPERVISOR

Invites You to the 16<sup>™</sup> Annual Veterans' Event



# REMEMBERING OUR VETERANS & THEIR FAMILIES, PAST, PRESENT AND FUTURE

SATURDAY, MAY 25, 2013 - 10 A.M. TO 3 P.M.

ARCADIA COUNTY PARK 405 S. SANTA ANITA AVENUE, ARCADIA 91006

#### **FEATURING**

- SKYDIVERS
- FLYOVER BY WWII FIGHTER PLANES
- FOOD BOOTHS
- LIVE MUSIC

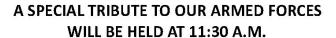
#### NO COST

- IMMUNIZATIONS
- HAIRCUTS/MANICURES
- HEALTH SCREENINGS

#### **ASSISTANCE**

- EMPLOYMENT INFORMATION
- VETERANS BENEFIT INFORMATION
- LEGAL INFORMATION





BRING A DUPLICATE OF A MILITARY PHOTO

TO BE PLACED ON

THE "WALL OF REMEMBRANCE"

**FREE ADMISSION** 

**EVENT WILL BE HELD RAIN OR SHINE** 

FOR MORE INFORMATION CALL 626-967-1441 OR 909-394-2264.



Community & Senior Services Adult Protective Services HOT LINE: (877) 477-3646



The County of Los Angeles is an equal opportunity employer and, upon request, will provide reasonable accommodation for qualified individuals with disabilitie



# FOR YOUR HEALTH

# Silent but Deadly: High Blood Pressure

by Mark Richman, M.D.
Physician Specialist, Emergency Medicine
Olive View-UCLA Medical Center

If you have hypertension (high blood pressure), you're in good company with Tommy Lasorda, George Lopez, Natalie Cole, David Letterman, Regina King, and Bill Clinton. Hypertension is diagnosed when blood pressure is 140/90 or more several times.

Why is hypertension a big deal? A leading cause of heart attack, stroke, kidney failure, and death, hypertension is dangerous and common (30% of adult Americans have it, particularly older people and minorities).

Why is it dangerous? Imagine a pipe under constant, heavy pressure from water inside. Walls weaken, inside cracks begin. To reinforce, extra layers are applied inside, narrowing the space until fluid can't flow. With weak reinforcements, pipes burst. In the body, arteries are pipes. Hypertension leads to narrowing/hardening of arteries (atherosclerosis), causing heart attacks and most strokes. Arteries straining or bursting cause aortic dissection, aortic aneurysm, and brain bleeds.

Hypertension is silent, causing no symptoms until extremely high or organs fail. It is particularly dangerous combined with other conditions weakening arterial walls like high LDL (bad) cholesterol, diabetes, obesity, and smoking.

*Is hypertension preventable or treatable?* Most hypertension is preventable and treatable by:

- ♦ Exercising at least 30 minutes daily (walking counts)
- ♦ Stopping smoking
- ◆ Making regular healthcare visits
- ◆ Taking prescribed medications
- ♦ Eating a healthy diet high in vegetables, fresh fruits, grains, nuts, and berries (plants don't have cholesterol)
- ♦ Substituting poly-unsaturated fats (olive oil, salmon) for saturated fats (butter)
- ♦ Cutting salt. If you use salt, cook with it, rather than adding afterward. Remove salt shakers from the table.

### May is CalFresh Awareness Month

DPSS Partners with the Community to Launch Annual Month-Long Effort to Reduce Hunger in L.A. County

The Department of Public Social Services (DPSS) has teamed up with its community partners to launch "CalFresh Awareness Month," the annual campaign to

increase access to food assistance and promote healthier food choices in the nation's largest and most diverse County.



In support of the campaign, the Board of Supervisors has proclaimed May 2013, as

"CalFresh Awareness Month" in the County and urged all County employees and residents to learn about the benefits of CalFresh and the importance of good nutrition and exercise.

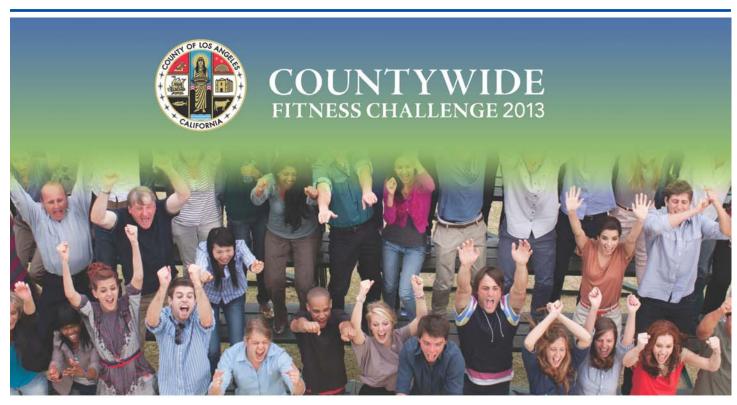
CalFresh Awareness Month is one of the most comprehensive and coordinated efforts in the state of California to bring awareness to the need for CalFresh – the supplemental nutrition food benefit that helps low-income families and individuals in the County.

DPSS Director Sheryl L. Spiller said, "Hunger is an issue that affects us all and this collaboration represents an intense effort to serve those most vulnerable in Los Angeles County."

According to the U.S. Department of Agriculture, the number of homes in the United States lacking adequate food more than tripled in the last four years. Studies suggest that household hunger negatively impacts the intellectual, physical, and emotional development of children and puts youth at greater risks for obesity, diabetes, and other diseases.

As it did last year, the campaign will focus heavily on the nutritional benefits of CalFresh, enlisting the help of the Department of Public Health Network for a Healthy California, farmers' markets, food banks, and school districts to promote the benefits of healthier food choices and more exercise.

For more information, visit <u>dpss.lacounty.gov/dpss/calfresh</u> or call the DPSS Customer Service Center at (866) 613-3777.



# JOIN US FOR THESE FUN FAMILY EVENTS

#### WALK IT OFF!

5K fitness walk, exercise sessions and biometric screenings.

Saturday, May 18, 2013

8:00 a.m. - Noon

#### **Whittier Narrows Recreation Area**

751 South Santa Anita Avenue South El Monte 91733

#### MAKE A SPLASH!

A day of water fun with kayaking, paddle boards, and volleyball.

#### Saturday, June 15, 2013

8:30 a.m. - Noon

#### **Castaic Lake State Recreation Area**

Discovery Bay, Lower Lake 32132 Castaic Lake Drive Castaic 91384

RSVP to secure your giveaways at http://dhr.lacounty.info

#### STOP & SMELL THE FLOWERS!

Farmers' Markets and power walks.

#### Saturday, July 13, 2013

8:00 a.m. - Noon

#### Cerritos Farmers' Market

18074 Park Plaza Drive Cerritos 90703

#### Saturday, July 27, 2013

8:00 a.m. - Noon

#### Victory Park Farmers' Market

2575 Paloma Street Pasadena 91107

#### Saturday, August 10, 2013

8:00 a.m. - Noon

#### Wilson Park Torrance Farmers' Market

2200 Crenshaw Boulevard Torrance 90501

#### **GET CULTURED!**

Dance Mania, Wellness Center & 2-mile hike through the hills

#### Saturday, August 24, 2013

9:00 a.m. - 1:00 p.m.

#### Hollywood Bowl

2301 North Highland Avenue Los Angeles 90068

#### CHILL OUT!

Power walks and cooking demonstrations.

#### Saturday, September 21, 2013

8:00 a.m. - Noon

#### **Dockweiler Youth Center**

12505 Vista Del Mar El Segundo 90245

#### TAKE A HIKE!

A day of family fun with fitness hikes and volleyball.

#### Saturday, October 5, 2013

7:30 a.m. - Noon

#### **Kenneth Hahn State Recreation Area**

**Burke Roche Point** 4100 S La Cienega Boulevard Los Angeles 90056

#### **PLAY FOR LIFE!**

A day of family fun featuring a "triathlon"— fitness walk, bicycle fun ride and pedalboat rally.

#### Saturday, October 19, 2013

8:00 a.m. - Noon

#### Santa Fe Dam Recreation Area

15501 Arrow Highway Irwindale 91706











# Health Care and Dependent Care Spending Accounts

If you participated in a health care or dependent care spending account in 2012, and have a balance in your account, you have until June 30, 2013 to submit a claim. If you do not submit a claim by the deadline, you will forfeit any money left in your spending accounts.

**Don't wait until June 30!** Last minute claims may potentially be delayed due to high volumes in claims received by the administrator. The sooner you turn in health care and dependent care claims, the sooner you will receive your claim reimbursements!

You may submit claims:

**Online** <u>www.mylacountybenefits.com</u>. Click on "Spending Accounts" on your home page under My Tools.

**By Mail or Fax** Download claim forms at www.mylacountybenefits.com, click the "Enroll or make changes" button and then download forms from the "Spending Account Forms" menu in the left-side navigation.

For more information, call the Benefits Hotline at (213) 388-9982, Monday through Friday, 8 a.m. to 4 p.m. For information on your account balance, call Benefit Concepts Inc. at (866) 629-6436, from 8 a.m. to 6 p.m.

# County Breaks Ground on Another Multifamily Housing Development

The Community Development Commission of the County of Los Angeles (CDC) joined the Little Tokyo Service Center and Koreatown Immigrant Workers Alliance (Developer) to break ground on the New Hampshire Family Housing, an affordable housing development that will provide 52 new units for low-income families and Transition Age Youth (TAY). The TAY population is defined as children and young adults between 16 and 25, many of whom are aging out of institutional care and have substance abuse or mental illness diagnoses.

Once constructed, New Hampshire Family Housing will include 4 studios, 24 one-bedroom, 8 two-bedrooms, and 16 three-bedroom units. Onsite amenities will include 4,500 square feet of common area space including tenant service offices, counseling and community rooms, and a landscaped courtyard.

Supervisor Mark Ridley-Thomas, who represents the area stated, "I'm confident that the New Hampshire affordable housing development will transform the lives of children and young adults who will call this new facility home. The supportive services offered at this multifamily housing complex will combat homelessness, keep families together and enable opportunities for our youth to thrive."

### WeTip WELFARE FRAUD 1 (800) 87-FRAUD



### **Beach Shuttle**

Enjoy the surf, sand, and surroundings of Marina del Rey in a hassle-free and relaxing way. Welcome aboard the Beach Shuttle and experience this fun form of community transportation.

The Beach Shuttle, which runs from May 24 through September 29, provides service to major points of interest such as Fisherman's Village, Waterside Shopping Center, Mother's Beach, and Venice Beach Pier. The Beach Shuttle also provides service to the FREE summer concerts in both Marina del Rey and Playa Vista. In addition, transportation is also provided to the Abbot Kinney Festival.

For more information, contact the Marina del Rey Visitors Center at (310) 305-9545 or (310) 821-1734 TTY or visit the Department of Beaches & Harbors website at <a href="http://beaches.lacounty.gov">http://beaches.lacounty.gov</a>. You may also check out the Department of Public Works at <a href="http://www.lagobus.info">www.lagobus.info</a>.

The Beach Shuttle service will also connect riders to the Marina del Rey WaterBus, which provides ferry service throughout the Marina. The WaterBus runs from June 21 through September 2.

The Beach Shuttle offers a convenient & "green" way to explore and shuttle between Marina del Rey, Playa Vista, and Venice Beach on Fridays, weekends, and holidays during summer 2013.

# Retirees

Congratulations to the following employees who are joining the ranks of the retired after their many years of service to the County of Los Angeles:

#### 45+Years

PUBLIC LIBRARY: Lajuana Thomas

PUBLIC SOCIAL SERVICES: Bernita T. Reid

#### <u>40+ Years</u>

CHIEF EXECUTIVE OFFICE: Rhonda L. Jumper CHILDREN & FAMILY SERVICES: Wanda Lunnie

**COUNTY COUNSEL:** Paul Hanson

**FIRE:** William R. Travis

**HEALTH SERVICES:** Robert F. Austin, Ruby P. Hickman, Marcia Holmes, Diana Island, Rosie M. Jones, Mary K. Logan, Priscilla Mak, Mathew C. Martinez, Louise Nguyen, Janice M. Palmer, Inez Vidal

PARKS & RECREATION: Joe Orosco, Manuel I. Valle PUBLIC DEFENDER: Michael Noriega

PUBLIC DEFENDER: Michael Noriega

**PUBLIC HEALTH:** Linda G. Dyer, Rosalie D. Moreno **PUBLIC SOCIAL SERVICES:** Donna F. Alvarado, Leticha H. Armeria, Michelle Callahan, Bobbie Dejohnette, Josefina Jassco, Sheri A. Lewis, Brenda L. Maroney, Margaret M. Penman

**PUBLIC WORKS:** William F. Hawkins, Jerry D. McGhee **SHERIFF:** Sarah J. Delton, Lizabeth A. Johnson, Charles Murray, Roseanna S. Wells

**SUPERIOR COURT:** Betty Hodge, Gloria Kemp, Diane M. Omoto

**TREASURER & TAX COLLECTOR:** Yolanda Adame Martin

#### **30+ Years**

BEACHES & HARBORS: Mie S. Shenouda
CHIEF EXECUTIVE OFFICE: Carol J. Valley
CHILDREN & FAMILY SERVICES: Mattie Bryant,
Rodolfo Marquez Jr., Maria Perez, Wilma Pickett
CHILD SUPPORT SERVICES: Deborah A. Murray
DISTRICT ATTORNEY: Johnny W. Castro, Velma G. Frisk,
Bonnie B. Payne-Hill, Lael R. Rubin, Sharon H. Terry
FIRE: Joseph J. Alvarado, Kerry J. Brisson, Bryan K. Carlton,
Carlos Estrella, Michael A. Garcia, Leonard M. Guerra, Gerald
T. Heinzel, Kevin M. Huben, Gregory M. Jones, Steven
Lozano, Frank Miles, Gregory A. Pasqua, James R. Pavey,
Forrest J. Phillips, Manuel Ramos Jr., Merrill Riley, Donald
R. Rollofson, Mark J. Russett, James O. Swift, David A.
Toupal, Ernest Varela

**HEALTH SERVICES**: Josephine S. Acuesta, Curtis Alexander, Julieta Andrade, David Aponte, Kathleen Battersby, Iluminada A. Cajumban, Esther Castillo, Nancy L.

Coffer-Guant, Maurice Doby Jr., Karen L. Durbin, Gloria A. Farquharson, Mary L. Garay, Hilda M. Garcia, Dexter J. Green, Dolores Holguin, Gloria Huliganga, Kay B. Lee, Nola D. Lewis, Randall E. Means, Elvira Mendez, Barbara J. Murray, Ahmad S. Nabhan, Richard B. Omans, Penny M. Panettiere, Jung Park, Donald R. Perkins, Vernell Pilkinton, Frank E. Pinder III, Jerald N. Rashed, Pamela A. Schunck, Alexandra A. Shin, Gloria A. Townsend

**INTERNAL SERVICES:** Kuang-Chen Cheng, Karen L. Crowder, James J. Mastopiertro, Benito Soto Jr., Henry J. Ware

**LACERA:** Joseph Burton

MENTAL HEALTH: Ronnie A. Nagata PARKS & RECREATION: Ilona Volkman

**PUBLIC DEFENDER:** Thomas Hill, Dror Toister, Maria

Elena Velasco

**PUBLIC HEALTH:** Carolyn T. Brown, Nancy H. Cappel, Jean L. Dupree, Mattie R. Johnson-Scot, Dolores Tarin, Annie Woods

PUBLIC LIBRARY: Michael L. Masliah

**PUBLIC SOCIAL SERVICES:** Linda C. Betancourt, Rolando C. Escobar, Charles L. Henry, Mai P. Herbertson, Say Leng, Tomiko Morgan, Julia Muniz, Rebecca D. Nunez, Jennie Prendiz, Linda M. Salazar, Ronald A. Sanchez, Eugenia Toth, Leticia A. Valdivia, Irma Valencia, Gene M. Warner, Leta L. Wong, Sean S. Wong, Jameel Yusof

**PUBLIC WORKS:** Ronald J. Beal, Atanacio M. Gonzalez, Ronnie W. Han

SHERIFF: Mary H. Adams, Darrel L. Airhart, Jun S. Arinduque Jr., Betty J. Bederio, David A. Bobier, Nicky L. Burns, Robert Campa Jr., Sally Y. Carrillo, Manuel Castro Jr., Rene M. Cendejas, Sun J. Chang, Roland Choi, Wilynn J. Clinkscales, Michael J. Connor, Danny E. Coon, Arthur R. Cruz, Richard R. Daniels, Robert A. Doeve, Daryl Evans, Louis A. Frank, Gonzalo Garcia, Tony G. Garcia, Thomas L. Grubb, Steven D. Harbeson, Debra L. Herman, Dennis D. Hopson, Lynne E. Hughes, Jeffery P. Jude, Robert M. Kemblowski, Kevin J. Lieberman, Ruben Lopez, William E. Marsh, Donal D. Miller II, Richard C. Myers, Anthony F. Olague, Ronald Pinkney, Gregg M. Plahy, Michael L. Redding, Michael C. Reynolds, John P. Rueff, William M. Ryan III, Dennis C. Schwartz, David S. Smith, Timothy M. Smith, Gregory L. Stegner, James R. Stroud, Nancy Y. Tan, Cynthia J. Taylor, Arthur E. Thompson, John P. Tkach, Richard Tom, Richard F. Trevino, Martin A. Uruburu, Oceal Victory, Lesvia M. Voza,, Ramona M. Whittouck, Thomas Zuniga

**SUPERIOR COURT:** Cheryl A. Barfoot, Kathleen M. Gaines, Barry Goldstein, Julie C. Gosnell, Joe Hannawi, Marietta Hunter, Esther Mankowski, Elliot Monka, Elsa Moreno, Jean K. Nishizu, Mary Olmos, Debbie SooHoo, Kristine M. Toole, Vivian G. Valenzuela



### **Rideshare L.A. County!**

If you're looking for a way to stay fit, save money, and help the environment, then **Bicycling to Work** may be for you. Even if you live far from work, take public transit, carpool, or vanpool, you can bike to the bus stop or rail station. **Bicycling to Work** will help keep you fit and healthy for spring and the rest of your life. In comparison, **Bicycling to Work** is one of the most cost-effective Ridesharing options and helps improve the environment. For more information on **Bicycling**, please check out the Los Angeles County Bicycle Coalition website at www.la-bike.org/resources.

# Auditor-Controller Paystub Viewer

#### Costs Savings to Date

In support of the Chief Executive Office's (CEO) Countywide Efficiency Initiative launched in May 2009, the Auditor-Controller embraced an opportunity and delivered on a project that achieves Countywide operational efficiencies, time, and cost savings – Paystub Viewer (PSV).

The Auditor-Controller implemented the PSV Project to reduce the expense and time used to print and distribute County employees' hardcopy paper paychecks and direct deposit stubs. The PSV is a "go green" solution that provides employees web-based access to view and if needed, print current paper and past pay statements. It also allows for electronic distribution of announcements and other items that used to be stuffed into paystub envelopes, a further paper and labor savings. Using this application provides more comprehensive pay information to employees in an easy and convenient way ONLINE, i.e., paperless!

The PSV became available in May 2010 and full implementation was achieved in September 2012. All 101,000 County employees currently have access to PSV, even if receiving hardcopy paystubs. 92,000 County employees are no longer receiving hardcopies and are accessing their paystubs using PSV. Since full implementation, the County has saved approximately \$3.3 million and an expected ongoing savings of \$4-5 million annually due to savings in staff time, paper, and distribution costs.

In addition, the Auditor-Controller provided online access for County employees to obtain duplicate copies of their W-2 Statement in February 2012. Previously, employees were required to pay a nominal fee to obtain a duplicate copy of their W-2 Statement. Now, the statements are free and available online for tax years 2010 and forward.

#### **RETIREES**

continued from page 12

TREASURER & TAX COLLECTOR: Mohammad H. Salvati

#### 25+ Years

**ASSESSOR:** Jozette M. Fortier

BEACHES & HARBORS: Pablo Ruiz

CHILDREN & FAMILY SERVICES: Pamela Burris, Nelly A. Calabia-Chil, Kay L. Ingram, Elvia Islas, Angelica D. Lozano, Grace Lujan-Carden, David Myers COUNTY COUNSEL: Richard K. Mason, Robert Reagan

**DISTRICT ATTORNEY:** Martha C. Zepeda

**FIRE:** David Galindo, Edward Gandara, Daniel J. Harney, William T. Katsumata, Raymond L. Perez, Steven A. Terry Sr., Gary D. Walsh

HEALTH SERVICES: Sook K. Bang, Roy Cunningham, Noel Dequina, Magdalena Fairbanks, Janis E. Hamming, Diane L. Johnson, Joan Kuboshige, Mary H. Magee, Mary T. McField, Naomi Y. Sempelsz, Daniel Sotelo, Marlene Thorn, Milagros Valdez, Riza A. Vinzon, Diana L. Wagner, Jeanette Wilson, Khin S. Wong

INTERNAL SERVICES: Michael D. Jordan

**MENTAL HEALTH:** Vickie Burris, Antonio R. Gando **PUBLIC HEALTH:** Ralph Llamas

**PUBLIC SOCIAL SERVICES:** Billy C. Chan, Emmanuel Chidueme, Tzung F. Lee, Ghet T. Ly, Bertha A. Padilla, Shari R. Trafford, Earlene Trammell, Mary J. Wallace

PUBLIC WORKS: Arthur Hernandez

SHERIFF: Dori S. Albers, William F. Alexander, Adalberto J. Ayala, David R. Beighton, Steven X. Brannigan, Mark D. Brown, Mitchell S. Brown, Michael L. Browne, Royal H. Calderon, Edgar Capifali, Richard Chambers, Maria Charron, Robert F. Cohen, Robert G. Craton, Norwood J. Davis, Franklin E. Dean, Craig A. Ditsch, Jeffery E. Egbert, Bradley D. Feehan, Daniel C. Gardner, Robin I. Hanna, Robert L. Harris, Thomas M. Jensen, Robert A. Jonsen, Stacy L. Lee, Peter J. Mack, Cynthia L. Moore, Cordero H. Myers, Paul Nevarez, Robert E. Nichols, Jeffrey R. Olander, Randy A. Oviedo, David A. Patterson, Simeon H. Plyler III, Patrick F. Rincon, Lynn T. Thompkins, Eric D. Toussant, Stephen M. White, Donald R. Young

**SUPERIOR COURT:** Evelyn Binns, Douglas G. Carnahan, Joyce A. Cooper, Elizabeth Dearo, Joyce M. Kamida, Patricia Lee, Elma Mora, Toni Randall, Barbara Reed, Arsenia G. Tan







# The Program with a Heart

#### DPSS TOY LOAN PROGRAM SUMMER FUNDRAISING CAMPAIGN

#### JUNE 2013 THROUGH SEPTEMBER 2013

Bringing smiles to children's faces year round, while teaching lessons in good citizenship, is a community effort. With the support of the Department of Public Social Services and the Los Angeles County Board of Supervisors, the Toy Loan Program provides a free toylending service to the children of Los Angeles County. Through our 60 centers, Toy Loan provides a safe place to play and helps to develop a sense of self-worth through a merit system that rewards the responsible borrowing of toys. Toy Loan targets lowerincome communities where children often lack access to basic skill-building toys, which are an essential part of a child's development.

You can help support this worthwhile program by making a monetary contribution. Your donation will help purchase much needed new toys such as:

- Role-playing toys
- Interactive toys
- Science toys & equipment
- Math games & equipment

- Books
- **Board** games
- Sports equipment

Adaptive learning toys (for children with learning/developmental disabilities)

For more information, please call (213) 744-4344 or visit our website: http://dpss.lacounty.gov/dpss/toyloan

You can also follow us on 1 (cut along line)

Twitter @to	
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Yes!	l would like	e to support	the Toy	Loan	Program.
Please	accept my	/ tax-deduc	tible do	natior	of:

\$15

Please make checks payable to: Toy Loan Advisory Board 2615 South Grand Ave., 2nd Floor Los Angeles, CA 90007 Please do not send cash!

\$20	\$100 Other \$	
Name	District Office/Organization	
Work Telephone	Email Address	
Home Address		

For tax purposes, Toy Loan is a 501 (c)(3) nonprofit organization, Federal Tax Identification Number 95-6095645.